

What is a AviClear™?

AviClear™ is a revolutionary new acne treatment offered first at Healthy Complexions Spa by WNY Dermatology!

AviClear™ works on all types of acne, whether you have cystic, inflammatory, hormonal, or mask acne! Using a unique wavelength of laser energy, AviClear™ treats acne at the source by selectively targeting and suppressing the sebaceous gland safely and effectively, reducing the frequency and severity of breakouts. If your acne has resisted treatment and you have been considering prescription medications, you have a new alternative

What are the benefits of AviClear™?

Optimal results are seen after a series of treatments

- long-term drug-free solution that treats mild, moderate, and severe acne on the face & body
- Breakout episodes are shorter, less intense, and more infrequent
- acne clearance results continue to improve over time, demonstrating the long-term efficacy
- Results may be seen after one treatment
- Low discomfort
- Minimal to no downtime
- Safe on all skin types

Pre-Treatment Care

Prep the skin using the recommended Environ system for optimal results

- We recommend you have a skin check within 12 months prior to treatment
- Discontinue any treatment topicals and prescription medications as directed _____
- No sun exposure, tanning beds, and sunless tanning cream for 4-6 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications
- Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Alastin/Brush on Block. Apply to the treated area every 2 hours when exposed to the sun
- Remove all makeup, creams or oils prior to treatment
- Area being treatment must be shaved 12-24 hours prior to each treatment

What can I expect during and after treatment?

The intensity and duration of your side effects depends on the level of treatment and your individual healing characteristics

- The sensation of light is sometimes bright and uncomfortable. It may feel like a moderate to severe pinprick and flash of heat
- A mild sunburn-like sensation is expected. This usually lasts 2-24 hours but can persist up to 72 hours
- Mild swelling and redness may accompany this, but it is usually resolved within 3 days.
- Some may experience dryness and itching of the treatment area up to 4 weeks post treatment
- An estimated 50% of AviClear patients experienced post-inflammatory flareups after one or all treatments
- Condition may worsen before it improves. This typically occurs 1 week post treatment and can last weeks

Post Treatment Care

It is advised to follow post care instructions to aid in the proper healing of the skin

- An oral, anti-inflammatory (ibuprofen such as Advil) or an analgesic (acetaminophen such as Tylenol) may be taken to reduce discomfort
- Apply wrapped ice or gel packs, if necessary
- Avoid Sun exposure to treated areas. Use the recommended SPF to prevent skin color changes
- Bathe and shower as usual. Treated areas may be temperature-sensitive
- Do not pick, remove, or pull at skin as scarring may occur
- Do not push or pull-on areas where vascular lesions were treated
- Avoid Swimming, Hot tubs, Jacuzzis, and Saunas

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- Avoid Activities that cause excessive sweating or any activity that may raise core body temperature
- Avoid aggressive scrubbing, use of exfoliants including AHA's/BHA's, and topical medications or treatments on the area for 7+ days
- Makeup can be applied the day after treatment
- Day 7-10: Resume recommended Environ treatment plan to maintain results after treatment

Possible Side Effects

Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications

- Prolonged itching, redness, blistering, crusting
- Bruising, purpura, swelling, scarring, acne breakouts
- Hair reduction or removal in the treated area
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- Reactivation of oral herpes virus may occur
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly
- IPL may make it difficult to identify skin-related diseases (e.g. skin cancer)

Contraindications

- Recent sun Exposure or use of topical tanning creams/lotions/sprays
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- EVER had gold therapy
- Have Lupus
- On immunosuppressive drugs
- Pregnant and nursing
- Treating over tattoo or permanent makeup
- Treating over hair bearing surfaces

Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

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