

What is Clear + Brilliant?

Clear + Brilliant is a gentle laser that uses fractional technology to help improve and prevent early signs of aging such as rough texture, uneven skin tone, fine lines, mild scarring, and dull appearance.

Original: Refreshes your skin from the inside out. The laser energy creates millions of microscopic treatment zones in your skin, replacing damaged skin with healthy, younger looking tissue.

Permea: Uniquely designed to produce visibly illuminated skin and enhance your skins permeability, which will significantly increase the benefits of your skin care products. This treatment offers more enhancement in tone and radiance.

What are the benefits of Clear + Brilliant?

Optimal results are seen after a series of treatments

- Reduction in the appearance of pores
- Smooth scarring, fine lines, and wrinkles
- Improvement to skin tone and texture
- Improvement in skin's overall appearance
- Mild to Moderate discomfort, No downtime

What can I expect during and after treatment?

The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics

- Laser therapy is sometimes uncomfortable and may feel like a moderate to severe pinprick and/or flash of heat
- A mild-moderate sunburn-like sensation is expected. This usually lasts 2+ hours
- Mild-moderate swelling and/or redness may accompany this, but it is usually resolved in 24+ hours
- The day after treatment the skin may appear "bronzed" or consist of little dark dots. It may also feel like "sandpaper" for 3+ days and then begin to flake as the damaged skin sheds and new healthy skin is regenerated
- It is advised to follow post care instructions provided by your esthetician at the appointment to aid in the proper healing of the skin

Pre-Treatment Care

Prep the skin using the recommended Environ system for optimal results

- Discontinue any treatment topicals and prescription medications as directed _____
- No sun exposure, tanning beds, and sunless tanning cream for 4-6 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications
- Use a broad-spectrum UVA/UVB sunscreen with an SPF 30+. We recommend EltaMD/Alastin/Brush on Block. Apply to the treated area every 2 hours when exposed to the sun
- Remove all makeup, creams or oils prior to treatment

Post Treatment Care

It is advised to follow post care instructions to aid in the proper healing of the skin

- Apply wrapped ice or gel packs, only if necessary – never apply ice directly to skin
- Apply post recovery kit for 7 days to promote healing and repairing of the skin
- Use a broad-spectrum UVA/UVB sunscreen with an SPF 30+ daily
- An oral, over-the-counter anti-inflammatory (ibuprofen such as Advil) or an analgesic (acetaminophen such as Tylenol) may be taken to reduce discomfort
- Bathe and shower as usual. Treated areas may be temperature-sensitive
- Do not pick, remove, or pull at any darkened lesions as scarring may occur
- Do not shave the treated area if crusting is evident

We treat your skin.
You treat yourself.

297 Spindrift Drive
Williamsville, NY 14221
716.300.1444



HEALTHY COMPLEXIONS SPA

by Western New York Dermatology

- Avoid Swimming, Hot tubs, Jacuzzis, and Saunas
- Avoid Activities that cause excessive sweating or any activity that may raise core body temperature
- Avoid aggressive scrubbing, use of exfoliants including AHA's/BHA's, and topical medications or treatments on the area
- Continue back on the recommended Environ treatment plan 1-week post laser to maintain results

Possible side effects

Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications

- Prolonged itching, redness, blistering, crusting
- Bruising, purpura, swelling, scarring, acne breakouts
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- Reactivation of oral herpes virus may occur
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly

Contraindications

- Recent sun Exposure or use of topical tanning creams/lotions/sprays
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- EVER had gold therapy
- Have Lupus
- On immunosuppressive drugs
- Pregnant and nursing
- Treating over tattoo or permanent makeup

Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

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