

### What is a chemical peel?

Chemical peels create superficial exfoliation of surface dead skin and facilitate the effectiveness of topically applied essential ingredients. Dull-looking surface skin is removed resulting in a visibly smoother, firmer-looking complexion.

Environ is the pioneer in the production and use of gentle, effective and extremely safe "Cool" Peeling Systems. Environ's peeling formulations are a low percentage and low PH. This results in an effective peeling treatment that is very gentle on the skin. Scientifically formulated, this technology feels comfortable when applied to the skin. It also stimulates collagen, which improves ageing, and sun-damaged skin. the appearance of

### What are the benefits of a chemical peel?

*Optimal results are seen after a series of treatments*

- The Cool Peel Technology consists of multiple types of specially-formulated skin peeling systems in varying strengths to meet a person's specific skincare needs
- Improves the visible signs of ageing and softens the texture of the skin
- Improves the texture and appearance of oily, acne-prone skin
- Helps to refine, revive and reveal radiantly youthful-looking skin while maintaining the integrity of the epidermis

### Pre-Treatment Care

*Prep the skin using the recommended Environ system for optimal results*

- Discontinue any treatment topicals and prescription medications as directed
- Do not wax the areas to be treated for 10 to 14 days prior to the procedure
- No Sun Exposure up to 1 week prior to each treatment
- Use a broad-spectrum UVA/UVB mineral sunscreen with a SPF 30+. We recommend EltaMD/Alastin/Brush on Block. Apply to the treated area every 2 hours when exposed to sun

### What can I expect during and after treatment?

*The intensity and duration of your side effects depends on the level of treatment and your individual healing characteristics*

- Experience a cool sensation once applied to the skin due to evaporation
- During the procedure, it is possible to experience mild tingling, itching, tightening, and heating sensations
- Please be advised that you can experience flaking or peeling for up to 7+ days post each chemical peel treatment
- You may experience different degrees of flaking or peeling with varying amounts of redness post-procedure. Amount of peeling does not determine results
- Avoid sun exposure by wearing sunscreen and protective clothing

### Post Treatment Care

*It is advised to follow post care instructions to aid in the proper healing of the skin*

- Apply post care regimen as directed to promote healing and repairing of the skin
- Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Alastin/Brush on Block. Apply to the treated area every 2 hours when exposed to the sun

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444

- Keep the skin hydrated post treatment, as it will aid in the healing of the skin, and can diminish the appearance flaking or peeling post treatment
- Do not use scrubs or abrasive cleansers or exfoliants for 7+ days post treatment
- Do not wax the areas treated for 10 to 14 after the procedure
- Do not rub or scratch the areas that were treated

### Possible Side Effects

- Itching, redness, blistering, crusting
- Bruising, purpura, swelling, acne breakouts
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- Sun, tanning beds, or the use of self-tanning cream, and not adhering to the post treatment instructions provided to you may increase you chance of any complications
- Reactivation of oral herpes virus may occur

### Contraindications

- Recent sun Exposure or use of topical tanning creams/lotions/sprays
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- On immunosuppressive drugs
- Pregnant and nursing

### Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444