

What is laser hair removal?

This laser technology targets and destroys hair cells responsible for hair growth without harming the surrounding skin. This treatment is fast and comfortable. You can expect to see a gradual decrease in the hair thickness and the amount of hair in the area being treated.

What are the benefits of laser hair removal?

Optimal results are seen after a series of treatments

- Safe and effective on all skin types
- Results may be seen after one treatment
- Permanent hair reduction
- No downtime

Pre-Treatment Care

- Discontinue any treatment topicals and prescription medications as directed _____
- No sun exposure, tanning beds, and sunless tanning cream for 4-6 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications
- Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Alastin/Brush on Block. Apply to the treated area every 2 hours when exposed to the sun
- Area being treatment must be shaved 12-24 hours prior to each treatment
- No waxing, tweezing, or electrolysis for 4-6 weeks prior to treatment
- Avoid use of deodorant day of treatment
- Remove all makeup, creams or oils prior to treatment

What can I expect during and after treatment?

The intensity and duration of your side effects depends on the treatment aggressiveness and your individual healing characteristics

- The sensation of light is sometimes uncomfortable and may feel like a moderate to severe pinprick or flash of heat
- Mild swelling and/or redness may accompany this, but it is usually resolved in 1-2 days
- Do not be alarmed if you experience bumps in the treated area as this is normal and will resolve within a few days
- Peri follicular edema (swelling around the hair follicle) is perfectly normal and will resolve within 7+ days

Post Treatment Care

It is advised to follow post care instructions to aid in the proper healing of the skin

- Apply wrapped ice or gel packs after treatment, if necessary. Never apply ice directly to skin
- Avoid Sun exposure to treated areas. Use the recommended SPF to prevent skin color changes
- Bathe and shower as usual. Treated areas may be temperature-sensitive
- Do not shave the treated area if crusting is evident
- Avoid use of deodorant for 12-24 hours
- Makeup can be applied immediately after treatment

Possible Side Effects

Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications

- Prolonged itching, redness, blistering, crusting
- Bruising, purpura, swelling, scarring, acne breakouts

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- Hair reduction or removal in the treated area
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin) Incidence of this occurring are higher for darker skin
- Sun, tanning beds, or the use of self-tanning cream, and not adhering to the post treatment instructions provided to you may increase you chance of any complications. You must avoid the sun, tanning beds, and sunless tanning creams for 4-6 weeks prior to each laser treatment
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly
- Reactivation of oral herpes virus may occur

Contraindications

- Recent sun Exposure or use of topical tanning creams/lotions/sprays
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- EVER had gold therapy
- Have Lupus
- On immunosuppressive drugs
- Pregnant and nursing
- Treating over tattoo or permanent makeup
- Treating over hair bearing surfaces

Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

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