

### What is a Photofractional Treatment?

A photofractional laser treatment is a procedure that uses a fractional laser in combination with IPL light to combat aging skin. The treatment triggers the body's natural healing process, stimulating the growth of new, healthy skin tissue. As collagen remodels the skin texture and pigment is destroyed, a more youthful appearance develops.

### What are the benefits of a Photofractional Treatment?

*Optimal results are seen 90 days after a series of treatments*

- Improve skin's texture and tone at the same time
- Smooth fine lines & wrinkles
- It's non-invasive and non-surgical
- Minimal downtime
- The results are lasting, natural, and subtle

### Pre-Treatment Care

*Prep the skin using the recommended Environ skincare system for optimal results*

- The treatment may require a topical numbing cream which is applied up to 60 minutes prior to treatment
- Discontinue any treatment topicals and prescription medications as directed \_\_\_\_\_
- No sun exposure, tanning beds, and sunless tanning cream for 4-6 weeks prior to treatment. A broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Alastin/Brush on Block
- Remove all makeup, creams or oils prior to treatment
- We recommend waiting 2 weeks after facial injections, laser treatments, or chemical peels before starting treatment

### What can I expect during and after treatment?

*The intensity and duration of your side effects depends on the level of treatment and your individual healing characteristics*

- Laser therapy is sometimes uncomfortable and may feel like a moderate to severe pinprick or flash of heat
- Redness and a sunburn-like sensation are common for a few hours up to 3 days post-treatment.
- Swelling may occur in the first 72 hours
- The vessels may undergo immediate fraying or blanching, or they may exhibit a slight purple or red color change. The vessels will fully or partially fade in about 10-14 days.
- Pigmented lesions may initially look raised and/or darker with a reddened perimeter. The lesions will gradually turn darker over the next 24 hours. The lesion will progress to crusting, and then it will be naturally shed by the skin in an average of 7-14 days
- Mild-moderate swelling and/or redness may accompany this, but it is usually resolved in 2-3 days
- Do not be alarmed if you experience puffiness around the eyes and "chipmunk" swelling in the cheeks. To minimize swelling, sleep elevated the night after the laser treatment

### Post Treatment Care

*It is advised to follow post care instructions provided by your Aesthetician at the appointment to aid in the proper healing of the skin*

- Apply wrapped ice or gel packs if necessary. Never apply ice directly to skin
- Apply post recovery kit for 7+ days to promote healing and repairing of the skin
- Avoid sun exposure between treatments. Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Alastin/Brush on Block.
- An oral, over-the-counter anti-inflammatory (ibuprofen such as Advil) or an analgesic (acetaminophen such as Tylenol) may be taken to reduce discomfort
- Bathe and shower as usual-treated areas may be temperature-sensitive
- Do not pick or peel at any darkened lesions as scarring may occur

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444

- Do not push or pull-on areas where vascular lesions were treated
- Do not shave the treated area if crusting is evident
- Avoid activities that cause excessive sweating or any activity that may raise core body temp
- Avoid swimming, hot tubs, Jacuzzis, and saunas
- Avoid aggressive scrubbing, use of exfoliants including AHA's/BHA's, and topical medications or treatments on the area for 2 weeks
- Continue back on the recommended Environ treatment plan 1-week post laser to maintain optimal results

### Possible Side Effects

*Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications*

- Prolonged itching, redness, blistering, crusting
- Bruising, purpura, swelling, scarring, acne breakouts
- Hair reduction or removal in the treated area
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- A flare-up of acne or formation of milia may occur – these symptoms usually resolve quickly
- Reactivation of oral herpes virus may occur
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly

### Contraindications

- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- EVER had gold therapy
- Have Lupus
- On immunosuppressive drugs
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Pregnant and nursing
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment.
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Treating over tattoo or permanent makeup to be kept
- Sun exposure in the past 4-6 weeks

### Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444