

CoolTone® is a noninvasive treatment that uses magnetic muscle stimulation technology to stimulate muscle contractions and enhance tone, firm and strengthen. The high-powered magnetic waves bypass your skin and fat to get to the muscles and induce involuntary muscle contractions that strengthen and firms the muscle fibers – providing results beyond what you can achieve through your normal workouts.

### Benefits

- Tones, defines, and enhances muscle without going to the gym
- Targets abdomen, glutes, and thighs
- Quick, 30-minute treatment session
- No downtime
- Fully clothes during treatment

### What can I expect during and after treatment?

*The following effects can occur in the treatment area during and after a treatment. These effects are temporary and generally resolve within days or weeks.*

- CoolTone® uses Active Magnetic Pulse™ (AMP™) technology. Magnetic muscle stimulation is designed to induce powerful muscle contractions that the body could not otherwise do on its own
- During your CoolTone treatment you will feel a series of involuntary (deep) muscle contractions interspersed with a tapping sensation
- Over the following weeks, you'll notice that treated areas will be more toned, firmer, and you will feel stronger
- Each treatment typically take 30 minutes. For most patients, 4-8 treatments are recommended over the course of 2-4 weeks to achieve body contouring results
- You may experience muscle soreness, muscle spasm, joint or tendon pain, and redness at or near the treatment site. This is normal and temporary
- Discomfort from CoolTone is generally minimal
- Following your treatment, you may resume your regular daily activities – no downtime is required.
- Expect to feel some muscle soreness in the treated area, similar to how you'd feel after an intense workout.
- Follow your usual diet and exercise routine to maintain treatment results

### Does CoolTone replace exercise?

No. We do not recommend you replace exercise with CoolTone. Regular exercise provides extensive health benefits for your bodily systems, including cardiovascular, dermatologic, endocrine, mental, and many more. CoolTone only helps to enhance the tone and strength of the muscles treated. However, CoolTone can be an excellent adjunct to your working out routine. Many patients report improvement in their workout performance and stamina after treatment.

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444

### Important Safety Information

*Any of these known side effects may occur and there is no way to predict who may experience them.*

- The CoolTone® procedure is not for everyone. You should not have the CoolTone® treatment in areas with metal, electrical, or electronic implants/devices like cardiac pacemakers, implanted hearing devices, implanted defibrillators, implanted neurostimulators, drug pumps, or hearing aids.
- Tell your Aesthetic specialist if you have any medical conditions as CoolTone® should not be used over a menstruating uterus, over areas of the skin that lack normal sensation, in patients with fever, malignant tumor, hemorrhagic conditions, epilepsy, recent surgical procedure, pulmonary insufficiency, or pregnancy.
- CoolTone® should be used with caution in patients with Graves' disease (an autoimmune disorder that causes overactive thyroid), active bleeding disorders, or seizure disorders.
- Women who are close to menstruation may find that it comes sooner, or cramping is increased or intensified with CoolTone® treatments, therefore, it is recommended to not undergo treatment during this time of the month.
- CoolTone® should not be used in the heart or head areas, areas of new bone growth, over the carotid sinus nerves, or over the neck or mouth. CoolTone® should not be applied over swollen, infected, inflamed areas or skin eruptions. Caution should be used for patients with suspected or diagnosed heart problems.
- Recent surgery or scar tissue in the area to be treated
- A hernia or history of hernia in the area to be treated or adjacent to treatment site
- Pregnancy
- Common side effects may include, but may not be limited to, muscular pain, temporary muscle spasm, temporary joint or tendon pain, and redness at or near the treatment site.

### Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily spf use
- I understand, although highly unlikely, it is possible that you will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes

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