

## ENVIRON SIGNATURE FACIAL

What is an Environ Signature Facial?

A luxurious treatment with an advanced approach to a traditional facial. The focus is to improve the skin's overall health and appearance. Each unique facial treatment combines the power of Environ's revolutionary skincare technology and powerhouse ingredients to target specific skin concerns. High levels of vitamins A, C, E and antioxidants are infused to help restore the skin's hydration and firmness, leaving your skin refreshed and glowing

## What are the benefits of a facial?

Optimal results are seen after a series of treatments

- Reduces stress & relieves psychological distress
- Promotes circulation & detoxifies the skin
- Cleaner, clearer skin

- Immediately improves the look and feel of your skin
- May improve the appearance of: Acne, redness, hyperpigmentation, congested pores and aging skin

## What can I expect during and after treatment?

The intensity and duration of your side effects depends on the level of treatment and your individual healing characteristics

- Your skin is prepped with Environ's signature 3-step cleansing process to remove any oil, dirt, debris and makeup from the surface
- Steam may be used to help open your pores so that your skin is better prepared for the extractions
- A lactic-acid exfoliant is used to gently remove dead skin cells and other skin impurities
- Extractions are performed when necessary to further remove impurities that are deeper in the skin This may include mild acne, blackheads, and whiteheads
- A cooling, peel off masque that assists in normalizing the pH of the skin is applied over a treatment gel for better absorption of the active ingredients
- Treatment is completed with a vitamin A moisturizer to improve the effects of the skin's natural moisture levels and support healthy-looking skin
- Mild redness may accompany this, but it is usually resolved within a day
- You may experience flaking of dead skin cells 2+ days post treatment. Flaking may last up to 7 days
- Do not be alarmed if you experience bumps or dryness in the treated area as this is normal and will resolve within a few days

## Pre-Treatment Care

Prep the skin using the recommended Environ system for optimal results

- Discontinue any treatment topicals and prescription medications if directed
- No sun exposure or tanning beds for 4 weeks prior to treatment
- Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+.
  We recommend EltaMD/Powder-MeSPF /Brush on Block. Apply every 2 hours when exposed to the sun. It is recommended to make this part of we your skin care routine
- Remove all makeup, creams or oils prior to treatment

We treat your skin. You treat yourself.

297 Spindrift Drive Williamsville, NY 14221 716.300.1444



## Post Treatment Care

It is advised to follow post care instructions to aid in the proper healing of the skin

- May resume recommended Environ skin care regimen after treatment
- Bathe and shower as usual. Treated areas may be temperature-sensitive
- Apply recommended SPF daily. Use a broad-spectrum UVA/UVB sunscreen. We recommend EltaMD/Powder-MeSPF /Brush on Block. Apply to the treated area every 2 hours when exposed to the sun
- Makeup can be applied immediately after treatment

#### **Possible Side Effects**

Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications

- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- Reactivation of oral herpes virus may occur
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly **Contraindications** 
  - Recent sun Exposure or use of topical tanning creams/lotions/sprays
  - Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
  - Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
  - Intra-dermal or superficial sub-dermal areas injected with Botox<sup>®</sup>/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
  - Use of Isotretinoin (Accutane<sup>®</sup>) within 6 months prior to treatment
  - On photosensitive medications
  - On immunosuppressive drugs
  - Pregnant and nursing

#### Consent

- I understand if I have not used Environ Vitamin A products for 3 6 weeks prior to procedure I have a greater chance of experiencing a retinoid response due to the high doses of active ingredients used during treatment
- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

# We treat your skin. You treat yourself.

297 Spindrift Drive Williamsville, NY 14221 716.300.1444