

Dermal fillers are soft, gel-like substances that are injected under the skin. They can address several common concerns including smoothing of deep under-eye circles, lifting of cheekbones, volumization of the lips, smoothing of lip lines and nasolabial folds (the creases that run from the side of the nose to the corners of the mouth), and rejuvenation of the hands.

Dermal fillers can be composed of a variety of substances, some naturally occurring and some synthetic. One of the most common compounds used in dermal fillers is hyaluronic acid (HA). HA is a naturally occurring substance found in our skin, and it plays a major role in keeping skin hydrated and volumized. HA fillers, depending on their specific chemical makeup, can last from six months to much longer before being gradually absorbed by the body

Each dermal filler treatment has a unique density, longevity, and texture, which means a particular filler may be more or less suited to a specific area of the face or desired result. Choosing the right type of dermal filler requires the guidance of an experienced, aesthetic injector, with a thorough understanding of facial anatomy, and familiarity with the variety of available fillers and their respective injection techniques. A medical professional will thoroughly evaluate any specific areas of concern, understand what you hope to get out of the procedure, and review what to expect before, during, and after the treatment to ensure the best cosmetic outcome.

BENEFITS

- Immediate improvement
- Long-lasting results
- Suitable for all skin types
- Customized to address each individual concern
- Little to no recovery time
- Can be used in conjunction with other cosmetic injectables and treatments
- Plump thin lips, enhance shallow facial contours, soften creases, reduce wrinkles and improve the appearance of scars

PRE-TREATMENT CARE

- Avoid blood thinning otc medications for 1 week prior to treatment
- Avoid alcoholic beverages for 24 hours prior to treatment
- Arrive to the office with a "clean face" - washed and without makeup

WHAT TO EXPECT DURING AND AFTER THE TREATMENT

- Our Aesthetic NP Injectors will provide a full facial assessment and formulate a personalized treatment plan. You may be able to be injected that day!
- A topical numbing cream may be applied prior to treatment for comfort
- Using a thin needle, your aesthetic NP injector injects small amounts of filler under your skin. The needle may pinch or sting, but most people don't experience much discomfort during treatment
- There may be redness, bruising, swelling, tenderness, and/or itching near the injection site. Avoid itching, massaging, or picking around the injection site. This is normal and generally disappears within a few hours to a few days.
- Minimize movement of the treated area(s). However, if there is a visible bump, you can massage the area. Depending on the areas treated and the product used, you may feel "firmness" and/or "bumps". These areas will soften and settle with time (usually 1-2 weeks)
- You'll notice results immediately with best results seen within 3 weeks
- Results can last months-years depending on the product used

POST TREATMENT CARE

- You can safely apply a cold compress on treated areas to relieve discomfort and minimize swelling. However, don't put pressure on the cold compress.

**We treat your skin.
You treat yourself.**

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- Taking NSAIDs or applying heat to swollen injection areas may worsen discomfort. You may take acetaminophen (Tylenol) to reduce any pain as necessary
- To help alleviate bruising, we recommend the topical application of Arnica - a natural ointment commonly used to reduce bruising
- Avoid drinking alcohol or partaking in strenuous exercise, as it may result in additional bruising
- Sleep elevated on your back
- Sunscreen and makeup can be applied, and the area can be gently washed with a gentle cleanser. We recommend using Environ medical-grade skincare such as the Youth EssentiA product line to avoid additional skin irritation and for age management

POSSIBLE SIDE EFFECTS

Botox injections are usually safe when you're under the care of a licensed and skilled health care provider. The procedure can result in unwanted results or even cause harm if it's given incorrectly. Possible side effects and unwanted results include:

- Discomfort, swelling, redness, or bruising at the injection site
- Headache
- Asymmetry
- Infection at injection site
- Migration of the filler
- Scarring
- Tissue necrosis
- Allergic reaction or hypersensitivity may occur

CONTRAINDICATIONS

- Known allergy/hypersensitivity to the filler material or to the lidocaine mixed in the syringe of the filler
- Active infection or open wound at the planned injection site
- Pregnant or breast feeding

CONSENT

- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes. No photographs revealing my identity will be used without my written consent. If my identity is not revealed, these photographs may be used, shared, and displayed publicly without my permission
- Before and after-treatment instructions have been discussed with me
The procedure, potential benefits and risks, alternative treatment options, and a customized skin care plan have been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment. I have had all my questions answered

**Multiple treatments may be necessary for optimal results.
Results may vary depending on skin condition,
skincare regimen, and daily SPF use.**

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