

**What is a Sciton BBL® HEROic?**

BBL HEROic, a cutting-edge Broad Band Light technology, delivers light energy deeply into the skin to stimulate and restore cells, resulting in enhanced skin rejuvenation at a faster rate than ever before. It combines comfort, speed, and lasting results, setting a new standard in phototherapy.

**What are the benefits of BBL® HEROic?**

*Optimal results are seen after a series of treatments*

- Minimizes benign pigmented lesions, dyschromia, and age spots/sun spots
- Addresses Rosacea, vascular lesions, telangiectasias, and cherry angiomas
- 30-minute procedure
- Results may be seen after one treatment
- Low discomfort
- Mild-moderate pustular inflammatory acne vulgaris and associated redness
- Suitable for all skin types
- Minimal to no downtime
- May resume normal activities right after

**Pre-Treatment Care**

*Prep the skin using the recommended Environ system for optimal results*

- We recommend you have a skin check within 12 months prior to treatment
- Discontinue any treatment topicals and prescription medications as directed \_\_\_\_\_
- No sun exposure, tanning beds, and sunless tanning cream for 4-6 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications
- Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Powder-Me SPF/Brush on Block. Apply to the treated area every 2 hours when exposed to the sun
- Remove all makeup, creams or oils prior to treatment

**What can I expect during and after treatment?**

*The intensity and duration of your side effects depends on the level of treatment and your individual healing characteristics*

- You may feel minimal to no discomfort during treatment as your aesthetic specialist gently glides the BBL HEROic handpiece across the skin.
- Simultaneously, the chilled sapphire crystal keeps the skin cool and comfortable.
- Your skin may continue to feel warm for up to 60+ minutes after treatment
- A mild sunburn-like sensation is expected. This usually lasts a couple of hours
- Mild swelling and/or redness may accompany this, but it is usually resolved within a few days. Do not be alarmed if you experience puffiness around the eyes and "chipmunk" swelling in the cheeks. To minimize swelling, sleep elevated the night after the treatment
- You can expect visible results in just 1-2 treatments, while traditional IPL technology often requires 3-6 treatments to achieve similar results
- Pigmentation may initially look raised and/or darker with a reddened perimeter. The lesions will gradually turn darker over the next 24 hours. The lesion will progress to crusting, and then it will be naturally shed by the skin in an average of 7-14 days
- The vessels may undergo immediate fraying or blanching, or they may exhibit a slight purple or red color change. The vessels will fully or partially fade within 14 days

**Post Treatment Care**

*It is advised to follow post care instructions to aid in the proper healing of the skin*

- An oral, anti-inflammatory (ibuprofen such as Advil) or an analgesic (acetaminophen such as Tylenol) may be taken to reduce discomfort
- Apply wrapped ice or gel packs, if necessary, 3 hours after treatment
- Avoid Sun exposure to treated areas. Use the recommended SPF to prevent skin color changes
- Bathe and shower as usual. Treated areas may be temperature-sensitive
- Do not pick, remove, or pull at any darkened lesions as scarring may occur
- Do not push or pull-on areas where vascular lesions were treated
- Avoid Swimming, Hot tubs, Jacuzzis, and Saunas

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444

- Avoid Activities that cause excessive sweating or any activity that may raise core body temperature
- Avoid aggressive scrubbing, use of exfoliants including AHA's/BHA's, and topical medications or treatments on the area for 3+ days
- Day 4: Resume recommended Environ treatment plan to maintain results after treatment

**Possible Side Effects**

*Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications*

- Prolonged itching, redness, blistering, crusting
- Bruising, purpura, swelling, scarring, acne breakouts
- Hair reduction or removal in the treated area
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- Reactivation of oral herpes virus may occur
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly
- BBL may make it difficult to identify skin-related diseases (e.g. skin cancer)

**Contraindications**

- Recent sun Exposure or use of topical tanning creams/lotions/sprays
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- EVER had gold therapy
- On immunosuppressive drugs
- Pregnant and nursing
- Treating over tattoo or permanent makeup
- Treating over hair bearing surfaces

**Consent**

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF use
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444