

What is a Sciton HALO®?

Lights, camera, action! You don't have to be a supermodel to glow like one. Now, you can restore a healthy glow and youthfulness to your skin with HALO—HALO combines ablative and non-ablative wavelengths to offer remarkable results with minimal downtime—including a dramatic reduction in the appearance of sunspots, fine lines, wrinkles, skin dullness, and more. Strut into the spotlight confident in your HALO glow!

What are the benefits of Sciton HALO®?

When included as part of your long-term skin maintenance plans, HALO may help delay or eliminate the need for surgical procedures. Multiple treatments may be necessary for optimal results.

- Remarkable results can be achieved in 1-2 treatments and noticeable results are seen as soon as 1 week after your 1st session
- HALO combines ablative and non-ablative wavelengths to address multiple levels of skin concerns on all skin types. Ablative wavelengths target and treat the skin for surface-level conditions such as textural issues and pore size. The non-ablative wavelength targets deeper sun damage and other dermal pigmentary issues.
- Helps produce new, healthy skin cells in areas with fine lines and wrinkles
- Specifically targets discoloration, sun spots, actinic keratosis, and other visible signs of aging, resulting in increased skin reflectivity and radiance
- Reduces the appearance of scarring
- 30 min treatment time
- 60+ minutes recovery time, 3-5+ days social downtime
- Can resume regular activities within 24 hours after treatment

Everyone's skin is different. HALO was designed for your skin care needs and lifestyle.

- *Need to get back to work tomorrow?* A light treatment results in smooth, vibrant skin that's ready for makeup the next day. *Want results that scream WOW?* A deeper treatment restores the skin's youthful glow with just a few extra days of social downtime.

Pre-Treatment Care

Prep the skin using the recommended Environ system for optimal results

- We recommend you have a skin check within 12 months prior to treatment
- Discontinue any treatment topicals and prescription medications as directed _____
- No sun exposure, tanning beds, and sunless tanning cream for 4-6 weeks prior to treatment. Sun exposure decreases the effectiveness and increases the chance of complications
- Use a broad-spectrum UVA/UVB mineral sunscreen with an SPF 30+. We recommend EltaMD/Powder-Me SPF/Brush on Block.
- Remove all makeup, creams or oils prior to treatment

What can I expect during and after treatment?

The intensity and duration of your side effects depends on the Level of treatment and your individual healing characteristics

- Before the treatment, a topical anesthetic ointment will be used to numb the treated area(s)
- As the HALO handpiece gently rolls across the skin, integrated cooling keeps you comfortable
- You may experience tightness of the skin and redness & swelling similar to a sunburn sensation
- An itching sensation is normal as the skin begins to heal and resurface
- After treatment, most patients will feel warm for 30-60 minutes or slightly longer with deeper treatment levels
- Days 2-3, a bronzing, sandpaper-like texture will form on the skin as microscopic epidermal necrotic debris make their way to the surface and slough off by day 4-5, depending on the treatment depth and intensity
- Achieve quick results. See noticeable results within days, with continued improvement over time

Post Treatment Care

It is advised to follow post care instructions to aid in the proper healing of The skin

- An oral, acetaminophen such as Tylenol, may be taken to reduce Discomfort

We treat your skin.
You treat yourself.

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- If necessary, apply wrapped ice or gel packs 5 hours after treatment
- Avoid Sun exposure to treated areas. Use the recommended SPF to prevent skin color changes
- Bathe and shower as usual. Treated areas may be temperature-sensitive
- Do not pick, remove, or pull at any darkened lesions as scarring may occur
- Do not push or pull-on areas where vascular lesions were treated
- Avoid Swimming, Hot tubs, Jacuzzis, and Saunas
- Avoid Activities that cause excessive sweating or any activity that may raise core body temperature for 24 hours
- Avoid aggressive scrubbing, use of exfoliants including AHA's/BHA's, and topical medications or treatments on the area for 3+ days
- Day 8: Resume recommended Environ treatment plan to enhance and maintain results after treatment

Possible Side Effects

Sun, tanning beds, and not adhering to the post treatment instructions provided to you may increase your chance of any complications

- Prolonged itching, redness, blistering, crusting
- Bruising, purpura, swelling, scarring, acne breakouts
- Hair reduction or removal in the treated area
- Pigment changes, including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin). Incidence of this occurring are higher for darker skin
- Reactivation of oral herpes virus may occur
- A flare-up of acne or formation of milia may occur. These symptoms usually resolve quickly

Contraindications

- Recent sun Exposure or use of topical tanning creams/lotions/sprays
- Any active skin condition in the treatment area, such as sores, psoriasis, eczema, and rash
- Having received treatment with light, laser, RF, or other devices in the treatment area within 2 weeks prior to treatment
- Intra-dermal or superficial sub-dermal areas injected with Botox®/HA/collagen/fat injections or other augmentation methods 2 weeks prior to treatment
- Use of Isotretinoin (Accutane®) within 6 months prior to treatment
- On photosensitive medications
- EVER had gold therapy
- On immunosuppressive drugs
- Pregnant and nursing
- Treating over tattoo, permanent makeup or hair bearing surfaces

Consent

- I understand that multiple treatments may be necessary for optimal results
- I understand results may vary depending on skin condition, skincare regimen, and daily SPF
- I understand, although highly unlikely, it is possible that I will not experience any noticeable result from the procedure
- Particular results cannot be guaranteed, given that each body may react differently
- I understand that sun exposure, as well as not adhering to the post treatment instructions provided to me may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness, for medical education, training, professional publications, or sales purposes
- Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, alternative treatment options, and a customized skincare plan has been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment and I have had all my questions answered

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