

## Sculptra

Sculptra is a biostimulatory aesthetic injectable that helps stimulate your own natural collagen production to smooth facial wrinkles and improve skin tightness. Sculptra works in the deep dermis to reinforce the skin's structure and helps to replace lost collagen, providing long-lasting skin improvement.

Our Aesthetic NP Injectors will provide a full facial assessment and formulate a personalized treatment plan. You may be able to be injected that day!

### BENEFITS

- Corrects shallow to deep facial wrinkles and folds
- Improves skin glow, tightness, and contours
- Restores natural collagen and improves skin texture
- See results as soon as 1 month, with sustained results for up to 2 years
- Can be used in conjunction with other cosmetic injectables and treatments
- Customized to address each individual concern
- Little to no downtime

### PRE-TREATMENT CARE

- Avoid blood thinning OTC medications for 1 week prior to treatment
- Avoid alcoholic beverages for 24 hours prior to treatment
- Arrive to the office with a "clean face" - washed and without makeup

### WHAT TO EXPECT DURING AND AFTER THE TREATMENT

*You may not see dramatic improvement immediately after treatment. To achieve full results, be sure to keep any follow-up appointments in your treatment plan.*

- You may begin to see progressive, visible results within the first few weeks after each session
- A topical numbing cream may be applied prior to treatment for comfort
- Using a thin needle, your aesthetic NP injector injects small amounts of filler under your skin. The needle may pinch or sting, but most people don't experience much discomfort during treatment
- There may be redness, bruising, swelling, tenderness, and/or itching near the injection site. This is normal and generally disappears within a few hours to a few days
- Minimize movement of the treated area(s). However, you can massage the area if there is a visible bump. Depending on the areas treated and the product used, you may feel "firmness" and/or "bumps." These areas will soften and settle over time

### POST TREATMENT

- A cold pack or ice pack will help reduce any common swelling
- Avoid itching, massaging, or picking around the injection site
- Excessive sunlight and ultraviolet lamp exposure should be avoided until any initial swelling and redness go away
- You may take acetaminophen (Tylenol) to reduce any pain if necessary. We recommend pre-treating with Arnica - a natural supplement commonly used to reduce bruising
- Avoid drinking alcohol or partaking in strenuous exercise, as it may result in additional bruising
- Sleep elevated on your back

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444

- Sunscreen and makeup can be applied, and the area can be washed with a gentle cleanser. We recommend using Environ medical-grade skincare such as the Youth EssentiA line to avoid additional skin irritation and for age management

#### **POSSIBLE SIDE EFFECTS**

Injectables are usually safe when you're under the care of a licensed and skilled healthcare provider. Possible side effects and unwanted results may include:

- Injection site swelling, tenderness, redness, pain, bruising, bleeding, and itching
- Small lumps (nodules) under the skin may be noticeable when pressing on the treated area. Larger lumps, some with delayed onset, with or without inflammation or skin discoloration, can happen but are rare
- Headache
- Asymmetry
- Infection at the injection site
- Scarring
- Tissue necrosis
- Allergic reaction or hypersensitivity may occur

#### **CONTRAINDICATIONS**

- Known allergy/hypersensitivity to the ingredients that make up Sculptra, such as Poly-L-lactic acid (PLLA), carboxymethylcellulose (USP), and non-pyrogenic mannitol (USP)
- Active infection or open wound at the planned injection site
- Pregnant or breastfeeding

#### **CONSENT**

- I understand that sun exposure, as well as not adhering to the post-treatment instructions provided to me, may increase my chance of complications
- I consent to photographs being taken and used to evaluate treatment effectiveness for medical education, training, professional publications, or sales purposes. No photographs revealing my identity will be used without my written consent. If my identity is not revealed, these photographs may be used, shared, and displayed publicly without my permission
- Before and after-treatment instructions have been discussed with me  
The procedure, potential benefits and risks, alternative treatment options, and a customized skin care plan have been explained to my satisfaction
- I have read and understand all information presented to me before consenting to treatment. I have had all my questions answered

Multiple treatments may be necessary for optimal results.

Results may vary depending on skin condition, skincare regimen, and use of daily SPF use

We treat your skin.  
You treat yourself.

297 Spindrift Drive  
Williamsville, NY 14221  
716.300.1444